

GENERAL / ALL MEDICAL TELEHEALTH	MOBILE RESPONSE TEAMS	MENTAL HEALTH (CHILDREN)	MENTAL HEALTH (ADULTS)	ASSAULT	WITHDRAWAL
<p><a href="https://iahealth.com/?gclid=Cj0KCQjw3r32BRD4ARIsAAJNF_3M_hgmLjvYRbmcCDBiSFbY9EgWw0xv2KC2z9UQAPdNpdR6nuO1waAiloEA_Lw_wc8_ \$0.00">https://iahealth.com/?gclid=Cj0KCQjw3r32BRD4ARIsAAJNF_3M_hgmLjvYRbmcCDBiSFbY9EgWw0xv2KC2z9UQAPdNpdR6nuO1waAiloEA_Lw_wc8_ \$0.00</a></p> <p><b>*What is the price? How much does Tia cost?</b> Tia Health is covered by MSP and OHIP patients with a valid Ontario, Alberta, or British Columbia Health Card will not be charged. For other provinces, appointment pricing ranges depending on the appointment type you select. There are no time-based fees or additional fees if an appointment lasts longer than expected. Appointments are also covered by OHIP, AHCIIP and MSP, a receipt is provided. Yearly and monthly membership plans are available through insurance brokers. <b>* Is this legit?</b></p> <p>Yes, All of our doctors are Canadian licensed physicians. You can verify the status of their license and view their credentials on the college of physicians website for the province they are licensed. The city and province in which the physician practices is listed on their profile while navigating the booking process.</p>	<p>Toronto: 27 hr / 7 days Gerstein Centre Crisis Line: 416 929-5200 service borders: south to the lake, north to Eglinton, and then north to Highway 401 (between Bathurst and Bayview), east to Bayview to Danforth and then to Victoria Park, west to Isinglinton Ave. St. Mike's Hospital Mobile Crisis Team via Police Department (911) accessible through police (no direct number). Response team consists of a police officer and a mental health nurse. St. Joseph's Hospital Mobile Crisis Team via Police Department (911) accessible through police (no direct number).</p>	<p><a href="https://mytoolkit.ca/">https://mytoolkit.ca/</a></p> <p>SickKids Centre for Community Mental Health (no emergency services) <b>No reviews - Mental health service</b> North York, ON (416) 924-1164</p>	<p><a href="#">CAMH - Emergency Department (30) - Hospital department Toronto, ON</a> <a href="#">Open 24 hours - (416) 979-6885 (30) - Hospital department Toronto, ON</a> <a href="#">Open 24 hours - (416) 979-6885</a></p>	<p>Assaulted Women's Helpline: 416 863-0511; Toll-free: 1 866 863-0511 or text #SAFE (#7233) on Bell, Rogers, Fido or Telus). Free, anonymous &amp; confidential 24-hour helpline for women in Ontario experiencing any form of abuse.</p>	<p>Crisis addiction services Toronto Withdrawal Management System For Toronto residents: 416 864-5040; Toll-free: 1 866 366-9513 Hours: 24/7, 365 days a year. Central Access is a primary point of entry into the Toronto Withdrawal Management Services system referral system for individuals 16 years of age and older (operated by St. Michael's Hospital).</p>
<p><a href="https://www.uhn.ca/PatientsFamilies/Health_Information/Health_Topics/Documents/Guide_to_Finding_Mindfulness_Programs.pdf">https://www.uhn.ca/PatientsFamilies/Health_Information/Health_Topics/Documents/Guide_to_Finding_Mindfulness_Programs.pdf</a></p> <p><b>GUIDE TO FINDING MINDFULNESS PROGRAMS - OHIP / &amp; PAID</b></p>		<p>Kids Help Phone: 1 800 668-6868; Languages: English and French</p>	<p>Toronto Distress Centres: 416 408-4357 or 408-HELP</p>	<p>Assaulted Women's Helpline: TTY: 416.364.8762 &amp; TTY Toll free: 1.866.863.7868 Phone: GTA- 416.863.0511 &amp; toll free: 1.866.863.0511 <a href="http://www.awhl.org/">http://www.awhl.org/</a></p>	<p>ConnexOntario: Provide free and confidential health services information for people experiencing problems with gambling, alcohol/drugs and mental health <a href="http://www.connexontario.ca/">http://www.connexontario.ca/</a></p>
<p><a href="https://startswithme.ca/wp-content/uploads/2016/04/mindfulness-well-being-resources.pdf">https://startswithme.ca/wp-content/uploads/2016/04/mindfulness-well-being-resources.pdf</a> <b>PAID GROUPS NON OHIP</b></p>		<p>Kids Help Phone: If you are a child or teen and need support, you can go to Kids Help Phone 1 800 668 6868 (voice) or chat online at <a href="http://www.kidshelpphone.ca">www.kidshelpphone.ca</a></p>	<p>Community Crisis Line Scarborough and Rouge Hospital: 416 495-2891 for 24/7 telephone crisis support. Service borders: south to the lake, north to Steeles Avenue, east to Port Union Road, and west to Victoria Park</p>		
<p><b>Telehealth Ontario at 1-866-797-0000</b></p>		<p><a href="https://mindyourmind.ca/">https://mindyourmind.ca/</a> <b>mindyourmind exists in the space where mental health, wellness, engagement and technology meet. We work with community partners and young people aged 14 to 29 to co-create interactive tools and innovative resources to build capacity and resilience.</b></p>	<p>Durham Crisis and Mental Health Line: 905 666-0483</p>		
<p><b>211 – call 2-1-1 or text 21166 (M-F 7am – 9pm) finding supports in the community such as food banks, housing and more.</b></p>		<p><b>Kids Help Phone at 1-800-668-6868 or texting CONNECT to 668688</b></p>	<p>Oakville Distress Centre: 905 849-4541 for residents of Halton Region (Burlington, Halton Hills, Milton and Oakville)</p>		
<p><b>Toronto Public Health – (416-338-7600) Up-to-date Covid-19 information for the City of Toronto</b></p>		<p><b>Mental Health TO at 1-866-585-6486 for free phone or video mental health counselling for infants, children, youth and families</b></p>	<p>Spectra Helpline: 416 920-0497 or 905 459-7777 for Brampton and Mississauga residents TTY: 905 278-4890; Languages: English, Punjabi, Hindi, Urdu, Spanish, Portuguese</p>		
		<p>Black Youth Helpline. Call 416-285-9944 Toll Free 1-833-294-8650 info@blackyouth.ca Everyday 9 am - 10 pm</p>	<p>Gerstein Centre: 416 929-5200</p>		
		<p>What's Up Walk-in® counselling sessions are available by phone &amp; video. NEW HOURS Monday – Friday 9AM – 7PM Call Mental Health T.O. at 1-866-585-MHTO (6486) to be connected to a counsellor.</p>	<p>ONTX Ontario Online &amp; Text Crisis Services (2pm to 2am): It is very important that you register first for this service now before you are in a crisis. Information- <a href="http://www.dcontario.org/PDF/ONTX_information.pdf">http://www.dcontario.org/PDF/ONTX_information.pdf</a> To use online: <a href="http://dcontario.org/ontx.html">http://dcontario.org/ontx.html</a> or Text at 258258</p>		
			<p><b>Distress Centres of Greater Toronto – (416-408-4357 or text 45645) 24/7 support, 365 days a year, for individuals in crisis</b></p>		